

ANNUAL REPORT

Fiscal Year 2023

LETTER FROM THE PRESIDENT

In 2023, TARC continued its mission to positively impact the lives of individuals with developmental, intellectual, and related disabilities in Shawnee County.

Our Children's Services and Assistive Technology Department provided over 14,000 hours of therapy, education, and support to more than 1,300 children and families. The expertise of our staff was enhanced through training in specialized feeding techniques, autism support, and motor interventions. We also expanded our partnerships to better connect families with essential resources across Shawnee County. The Parents and Children Together (PACT) program engaged 99 families, offering them vital tools and resources for their children's development.

Targeted Case Management (TCM) supported 292 individuals, adding new staff to meet growing demand and reopening for referrals—providing flexible and personalized services to more families. Meanwhile, our Self-Determination program empowered 77 participants to hire their own support staff and saw 19 participants secure meaningful employment, fostering greater independence and self-sufficiency.

Our Avenues Day Services program continued to flourish, with engaging Theme Week programming and a wide array of community outings. The program provided a fun and educational experience for participants, while also offering meaningful volunteer opportunities throughout the community.

TARC Industries thrived with local community partnerships, helping individuals build employment skills and work towards personal growth. Similarly, our Employment Services team supported participants in securing and maintaining community employment in fields ranging from animal care to kitchen help and beyond.

Our fundraising events also saw great success, with the TARC Benefit Golf Tournament and Winter Wonderland continuing to raise significant funds. Winter Wonderland celebrated its 26th year, breaking records for attendance and funds raised, thanks to the overwhelming support from our community.

As we look back on 2023, we are deeply grateful to our partners, supporters, and dedicated staff for their commitment to our mission. Your support has allowed us to continue making a meaningful difference in the lives of those we serve. Looking forward, we are excited for the opportunities 2024 will bring. Together, we will continue empowering individuals to reach their fullest potential.

Jayme Painter

Board President, TARC Inc.

TARC OVERVIEW

ABOUT US

TARC was formed by a small group of local families in 1954. The families were all seeking to improve the lives of their children with intellectual disabilities. Since its inception, TARC has grown to serve over 2,500 individuals and families in the Topeka and Shawnee County area, providing service, support, and advocacy.

OUR MISSON

TARC enhances the lives of people affected by intellectual, developmental and related disabilities through commitment to excellence in service, support and advocacy.

OUR VISION

All people, including those with intellectual, developmental and related disabilities, experience life to their potential.

PROGRAMS

CHILDREN'S SERVICES

Our Children's Services and Assistive Technology Department served over 1,300 children and families in Shawnee County! We provided families with over 14,000 hours of therapy, education, coaching, and resources. We increased our staff expertise by attending training in specialized feeding techniques, supporting autism spectrum disorders, infant mental health, and motor interventions. We increased our community partnerships across all programs to connect families with support across Shawnee County.

Our Feeding Clinic provided services to 22 individuals in 2023. A very exciting development was the ability to offer Feeding Clinic therapy for children at no cost to families. This is a tremendous service to the community as most therapy services can be extremely costly for families.

Our Parents and Children Together (PACT) program engaged with 99 families in 2023. This program is designed to provide essential support to parents who have received additional assistance in their own educational journeys, equipping them with the tools needed to nurture their children's growth and development. This continues to be a tremendous program, providing valuable resources and skills, based on the feedback from our families.

TARGETED CASE MANAGEMENT

In 2023, 292 Individuals received the benefit of Targeted Case Management (TCM) services. To meet the increasing demand, our team expanded by welcoming two new staff members, allowing TARC Inc TCM to maintain an average caseload of 40 cases per staff member. Our dedication to providing comprehensive support was evident in our commitment to offer various meeting formats, including telephonic and virtual meeting times. This allowed additional flexibility for persons and families to meet. Furthermore, as COVID-19 restrictions end, we reintroduced additional face-to-face encounters, completing on-time delivery of our essential services. Our TCM Team continues to improve upon quality oversight and advocacy for individual lifestyle choices. As a testament to our commitment to improving our quality of services, we were pleased to announce that TCM will resume accepting referrals through 7/1/2024, a service that had been temporarily on hold during the pandemic. We look forward to providing ongoing quality TCM services to both current as well as new individuals and families.

PROGRAMS

DAY AND WORK SERVICES

The Avenues Day Servcices program completed a full year exciting Theme Week programming. We are very blessed to have such talented and committed Direct Support Professionals and Program Coordinators who put our mission into action each day. During our year of learning, individuals "traveled" through Europe, "visited" the jungle, "jumped" into Shark week and 47 other interesting and fun topics. We also explored all over Topeka and had volunteers in many different areas within Shawnee County.

The TARC Industries team enjoyed partnerships with Hill's Pet Food, Cenveo, the USPS, and many other local and national companies. These partnerships enable TARC to provide work training programs that enable personal growth and development of those receiving our services. TARC Industries works hard to ensure that our training programs focus on how we can help each person achieve their personal work goals.

The Employment Services group assisted individuals in seeking, obtaining and maintaining community employment within Shawnee County. From animal care, kitchen help, forklift driving and so much more, the Employment Team is helping individuals find meaningful work in our local community!

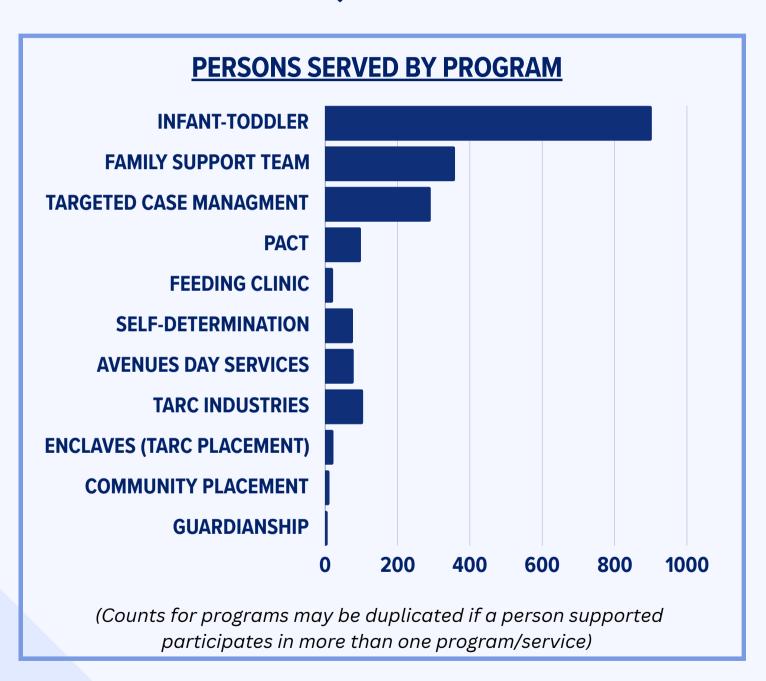
SELF-DETERMINATION

In 2023, our Self-Determination program empowered 77 participants to hire their own support staff for day, residential, or both. Nineteen participants opted for employment, successfully securing various job opportunities during the year, further promoting their independence and self-sufficiency.

Remaining committed to communication and engagement, Self-Determination continued its newsletter, The SD Scoop, throughout 2023. We continued our dedication to collaboration and service expansion by maintaining affiliations with five CDDO areas and remaining open for service referrals in each.

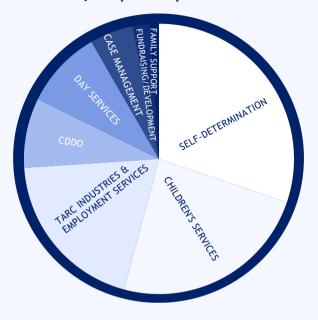
PERSONS SERVED

TOTAL PERSONS SERVED: 1,566

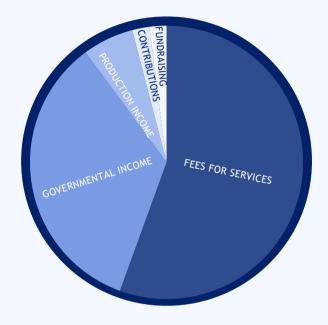


REVENUE & EXPENSES

TOTAL EXPENSES \$14,495,840



TOTAL REVENUE \$15,029,176



Ninety (90) cents of every dollar donated directly benefits TARC's programs and services for children, families, and adults facing developmental, intellectual, and related disabilities in our community.

Last year, TARC benefited immensely from the support of remarkable individuals, business partnerships, and foundations—your contributions included!

The support we received allowed us to significantly impact our programs, helping 1,566 children and adults in 2023. We are grateful for your commitment to our mission and thank you for being a vital part of our journey.



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