

TARC
Service. Support. Advocacy.

2016 ANNUAL REPORT



SERVICE. SUPPORT. ADVOCACY.

FROM THE EXECUTIVE DIRECTOR

The past year was remarkable in part because all of us were able to go about our work at TARC without any significant construction projects in our midst. We nevertheless create new challenges for ourselves by taking on new projects and making some changes to the way in which we deliver services.

Our Children's Services and Assistive Technology teams served more children and families than ever before and yet further expanded services with the addition of new support groups, the growth of the Feeding Clinic and new community partnerships such as the Topeka Rescue Mission's Children's Palace.

Our leadership team and board members came together last fall to discuss how we would navigate changes to our system of service delivery brought about by state and federal regulations. Our Day Services Program continues to expand opportunities for community engagement as well as provide a greater diversity of activities on-site. At TARC Industries we have embraced the challenge to provide more opportunities for work in the community for Persons Supported. We have convened a new community transition council to plan for the young adults who will soon enter the world of employment with support needs. Our Case Managers continue to coordinate services and access resources for hundreds of individuals.

Despite the many changes going on around us, we commit on a daily basis to remain true to our mission. We are constantly evolving to meet the new challenges faced by the individuals and families we support. The services and supports highlighted in this Annual Report illustrate the energy and resources that are dedicated to achieving that mission.

Thank you for sharing in our work,

Eileen Doran, Executive Director
TARC, Inc.

FROM THE PRESIDENT

I reflect on TARC's legacy as we celebrate our 63rd Anniversary. We continue to honor our mission by providing excellent service to persons supported and their families. As the operating board president, I'm proud to provide support to these amazing professionals who are an asset to TARC, Inc. The staff at TARC continues to put persons served first and are dedicated to enriching the lives of everyone supported. TARC's Leadership Team continues to provide ongoing vision and direction for the organization with the support and guidance of our Operating and Foundation Boards. Together we are working to continue to provide excellent Service, Support and Advocacy for years to come.

Last year brought in record breaking fundraising events, including WIBW Chris Fisher's Sporting Clays for Kids/#JustABuck Fundraiser and the 19th Annual Winter Wonderland, helping TARC to fill gaps in funding and maintain their quantity and quality of services to Topeka and Shawnee County.

Thank you to all who made 2016 a wonderful year for TARC, and to those who continue to support our future.

Joell Chockley, President
TARC, Inc. Board of Directors

CHILDREN'S SERVICES

Last year, TARC's Children's Services provided comprehensive, individualized supports for 777 children and their families. Our Children's Services Division (CS) works to strengthen and enhance the lives of children with developmental delays and disabilities.

Parents are supported with strategies to maximize early learning opportunities during daily routines that increase the children's learning skills and reduces the reliance on special education costs and services later in life. Our division works with families to meet individualized goals, to increase participation and interaction within their family and community. In 2016, 99 percent of outcome goals on the individualized family service plans were accomplished. Our infant/toddler program offered over 10,000 home visits providing 6,745.43 hours of education and therapy and 6,386.24 hours of family service coordination.

Multiple opportunities were offered to parents and families to share information, offer support and enjoy time together including, parent children play groups, family picnics and great holiday parties. CS continued to grow the Sib Shop program with 23 children participating in three sessions.

The Feeding Clinic offered 138 consultations/evaluations that included an interdisciplinary team of specialists to evaluate individuals who struggle with feeding, including the traditionally under-served populations of adults with intellectual limitations and children over the age of three years. Services provided include a full evaluation with intervention strategies and treatment recommendations provided for families and caregivers.

ASSISTIVE TECHNOLOGY

TARC's Assistive Technology (AT) program provides infants, children, adults and seniors opportunities to increase, maintain or improve their functional abilities. In the last 20 years, this has been done with the use of computers, adapted equipment, specialized switches and software.

AT utilizes iPads, iTouches, adapted musical instruments, riding toys, swings and communication systems to allow both children and adults to develop their independence and to fully participate within their families and community. In 2016, 449 adults and children benefited from the Assistive Technology Program.

TARC INDUSTRIES AND EMPLOYMENT SERVICES

- Three hundred and seventy (370) Commercial Customers chose TARC Industries as their Document Destruction provider in 2016.
- A total of 1,049,521 pounds of paper was recycled as part of the TIES Document Destruction line of business in 2016.
- On average, Shawnee County residents brought in 6,433 pounds of paper to be recycled for FREE each month during the year.
- Forty (40) Individuals were supported on Community Work Placements by the Employment Services team last year.
- Over 62,960 hours of paid employment training was provided by TIES.

DAY SERVICES

TARC's Adult Services Day program provides excellent services and support to Shawnee County residents 18 years of age or older. At the end of 2014 we completed critical renovations to our GEERS programming area and have continued to settle in and utilize our new space.

We have provided 259 hours of life skills classes that use our fully functional kitchen to expand our participants' skills in the kitchen and helping them to continue to gain their independence. Our on staff Registered Nurse utilizes our comfortable and inviting Health Center to provide private medical treatments to those in services. Last year our RN worked with those we serve with medical needs in assuring that their needs were met as well as providing a proactive approach to healthy living. TARC's Restorative Aide was on site daily to ensure that individuals received a range of motion exercise (as outlined by a physical therapist) as well as administered medication. Those in services received 150 hours of aquatic therapy in our Aquatic Therapy Center. Those who have received treatment have benefitted from increased static balance that helped reduce the risk of falling, improved gait, decreases pain and inflammation, improved strength and reduced overall body mass, and improved flexibility through increased range of motion.

We continue to build community partnerships that allow participants to be involved in meaningful activities in our community. Activities offered include but are not limited to:

- Tai Chi Classes at Jayhawk Area Agency on Aging
- Dance Class at Beverly Bernardi Post Conservatory of Dance each week
- Delivering Meals on Wheels three times a week
- Volunteering weekly at the Topeka Zoo
- Volunteering weekly at the Helping Hands Humane Society
- Twice a week participating in art classes taught by an instructor from Washburn University.

CASE MANAGEMENT

TARC Case Management Services offers the highest level of combined education and experience available in Shawnee County. All TARC Case Managers are degreed professionals. For 23 years TARC Case Managers have provided quality Targeted Case Management services and supports to persons with intellectual, developmental and related disabilities.

Case Management promotes independence and successful community inclusion by assisting the individual in gaining access to medical, employment, social, educational and other needed services. Targeted Case Management includes assessment, service planning, referral and monitoring activities. TARC Case Management receives donations each year through T&M Financial, individual donors, our local Frito-Lay, Inc.

TARC Case Management is affiliated with nine CDDOs in Kansas and impacted the lives of 289 individuals in 2015 with positive supports and services. With the assistance of their TARC Case Managers, families and individuals were able to access the services and resources needed to be more independent and have greater access to their communities.

Specifically, TARC Case Managers were able to help people obtain home modifications and adaptive equipment. We were also able to assist twenty six people to access new or additional funding for needed services.

SELF-DETERMINATION

TARC's Self-determination program has provided an alternative to adults receiving MR/DD Waiver Services seeking supports outside of the traditional facility-based adult day and residential service programs. TARC's Self-determination is a unique service delivery method by which a person makes decisions, plans for the future, determines how funds are spent for supports and takes responsibility for the decisions made. The program is affiliated with several Community Developmental Disability Organizations including: Cottonwood, COF, Big Lakes, Shawnee and Leavenworth County.

In 2016, TARC's Self-determination:

- Provided support to 96 participants with residential supports, day supports or both.
- Due to an increase in participants, Self-Determination had to close for new referrals.
- Continued to automate our tracking systems for payroll, staff training and participant budgets.
- Celebrated with many participants as they achieved lifelong goals with respect to communication assistance, home modifications to enhance independence, and acquisition of adaptive equipment. Many more obtained medical and dental services not otherwise provided by traditional health care coverage.

TOTAL UNDUPLICATED COUNT	1,378
Targeted Case Management	284
Infant-Toddler	777
Assistive Technology	449
Parents and Children Together (PACT)	111
Children's Residential	16
Special Parents and Respite Kare for Kids (SPARKK)	60
Feeding Clinic	20
Self Determination Unduplicated Count	96
Self Determination - Day	81
Self Determination - Residential	46
Day Services	69
TIES Production	109
TIES Document Destruction	9
Enclaves (TARC Placement)	28
Supported Employment (Community Placement)	10
Snack Shop	6
Total Day Habil - Unduplicated Count	170
Guardianship Active	8

2016 INCOME

Fees for Service	\$6,784,593	54%
Governmental Income	\$4,236,873	34%
Contributions	\$458,198	4%
Fundraising	\$282,498	2%
Production Income	\$747,052	6%
Other Income	\$7,895	0%
Total Income	\$12,517,109	100%

2016 EXPENSES

As a percentage
of Revenue

Self-Determination	\$3,509,956	28%
Children's Services	\$3,297,640	26%
TARC Industries/Employment Services	\$2,313,970	18%
CDDO	\$1,028,069	8%
Day Services	\$997,583	8%
Case Management	\$505,288	4%
Assistive Technology	\$171,315	1%
Fundraising/Development	\$353,518	3%
Community Outreach/Guardianship	\$60,766	0%
Total	\$12,238,115	98%

TARC

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